

BREAKFAST

Assorted Freshly Baked Goods	muffins, croissants, fruit danishes - ½ dozen	14 2 of each
Muffins (big ones)	bran / blueberry	3.8 each min 4
Forage Scones	seasonal flavour	5 each min 4
House Made Forage Vegan Energy Bar	dark chocolate, hazelnut, chia seeds, quinoa, agave, dried fruits, etc.	4 each min 4
Forage Fruit Parfait (GF)	yogurt, honey, seasonal fruits	6 each min 4
Forage Granola	honey roasted grains and oats, dried cranberry, hazelnuts, yogurt	9 each min 4
Smoked Salmon Bagel	cold smoked wild coho salmon, herb cream cheese, pickled red onions, multigrain bagel	15 each min 3
Seasonal Fresh Fruit (GF)(DF)(V)	a selections of melons and berries	6 each min 8
Fruit Cup	a selections of melons and berries	6 each

BREAKFAST WRAPS

Bacon & Egg Wrap (GF)	Rabbit River Farms scrambled eggs, gelderman double smoked bacon, cheddar cheese, caramelized onion, spinach, thousand island dressing	9.5 each min 4
Sausage & Egg Wrap (GF)	Rabbit River Farms scrambled eggs, two river turkey sausage, cheddar cheese, caramelized onion, spinach, thousand island dressing	9.5 each min 4
Truffle Mushroom & Egg Wrap (GF)	Rabbit River Farms scrambled eggs, wild mushroom mix, goat's cheese, thousand island dressing	9.5 each min 4

DESSERT

House Made Pastry And Desserts	2 each min 6
gluten free	2.5 each
Assorted House Made Cookies	1.5 each min 6

forage

CATERING

FORAGE CATERING CORPORATE MENU

Monday - Friday

Breakfast

Cut off Time: 10am for next day delivery

Lunch & Dinner

Cut off Time: 1pm for next day delivery



Delivery Delivery charges \$20 within downtown

Additional Services Biodegradable containers and cutlery available person pricing. \$2.00 standard or \$1.00 for cutlery and plates only

Cancellations Forage Catering requires a minimum of 24 hours for all cancellations. Cancellations made within less than 24 hours are subject to charges for any food already prepared.

LUNCH

SHARED SALADS

(each portion is 4oz per person)

Classic Caesar Salad (GF)	romaine hearts, house made dressing, shredded parmesan, gluten free croutons	6.5 per person <i>min 4</i>
Organic Mixed Greens (GF) 5	organic greens, sliced cucumber, radishes, cherry tomatoes, beetroot, house-made dressing	6 per person <i>min 4</i>
Pemberton Potato Salad (GF)(DF)(V) 6	Pemberton potato, pickled red onion, grainy dijon mustard, olive oil chive dressing	6.5 per person <i>min 4</i>
Kale Salad (GF)	charred kale, local brie, honey dressing, caramelized apples, toasted fraser valley hazelnuts	6.75 per person <i>min 4</i>
Quinoa Salad (GF)(DF)(V) 6	red & white quinoa, roasted hazelnuts, arugula, green beans, bell peppers, toasted shallot dressing	6.75 per person <i>min 4</i>

SANDWICHES

Turkey Sandwich (DF)	Fraser Valley smoked turkey breast, cranberry chutney, roasted shallot aioli, ciabatta bread	10.75 each <i>min 2</i>
Slow Roast Bison Sandwich	roasted rangeland bison, aged cheddar cheese, house made ipa mustard aioli, lettuce, baguette	10.75 each <i>min 2</i>
BC Salmon Salad Sandwich	hot smoked BC coho salmon salad, preserved lemon crema, arugula, pickled red onion, rye bread	10.75 each <i>min 2</i>
Ham Sandwich	house cured ham, apple fennel slaw, alpindon cheese, mustard aioli, whole wheat baguette	10.75 each <i>min 2</i>
Cured Meat Sandwich	cured & smoked meats, house-made IPA mustard, pickled vegetable, arugula, ciabatta bread	10.75 each <i>min 2</i>
Egg Salad Sandwich	Rabbit River Farms egg salad, wild watercress, multigrain bread	10.75 each <i>min 2</i>

HOT

(price per person, including chaffing dish rental)

Braised Lamb Tagine	peace river lamb shoulder, carrots, apricot, preserved lemon, brown basmati rice	23 each <i>min 4</i>
Deluxe Vegetable Lasagna	slow cooked mixed vegetables marinara, ricotta cheese, spinach and mozzarella cheese	16.95 each <i>min 4</i>
Beef Lasagna	slow roasted beef bolognese, napoli sauce, ricotta cheese, mozzarella cheese	17.5 each <i>min 4</i>
Butter Chicken (GF)	fraser valley chicken, butter chicken sauce, brown basmati rice	17 each <i>min 2</i>
Veggie Stir-fry (GF)(DF)	zucchini, cauliflower, carrots, cabbage, marinated tofu, pea shoots, jasmine rice	16.95 each <i>min 2</i>

WRAPS

Chickpea & Quinoa Salad Wrap (GF) (DF)(V)	chickpea, quinoa, bell peppers, roasted hazelnuts, arugula, shallot vinaigrette	10.75 each <i>min 2</i>
Egg Salad Wrap (GF)	Rabbit River Farms egg salad, wild watercress	10.75 each <i>min 2</i>
Tuna Wrap (GF)	line caught albacore tuna salad, pickled vegetables, spinach	10.75 each <i>min 2</i>

BEVERAGES

COLD

Fresh Squeezed Juices (individual bottles)
apple, orange, grapefruit
6 each

Pop 355ml
Classic Coke, Sprite, Ginger Ale, Diet Coke
4 per person

Spritzer 330ml
San Pellegrino - clementina, limonata, pompelmo orange
4 per person

Water – sparkling or still 4
per person

HOT

Coffee
Pot (10 cups)
Mogiana Coffee
3.5 per person